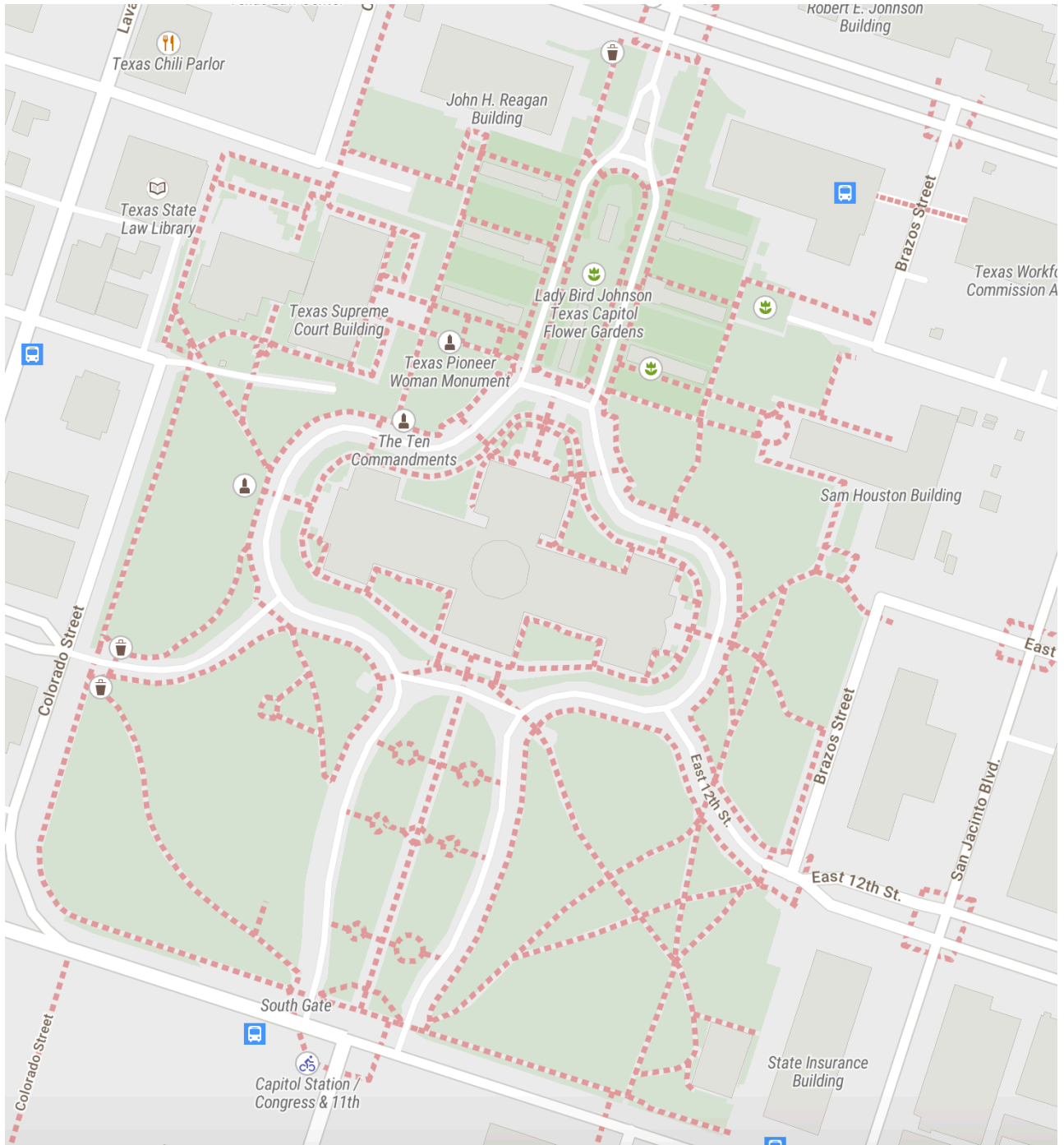
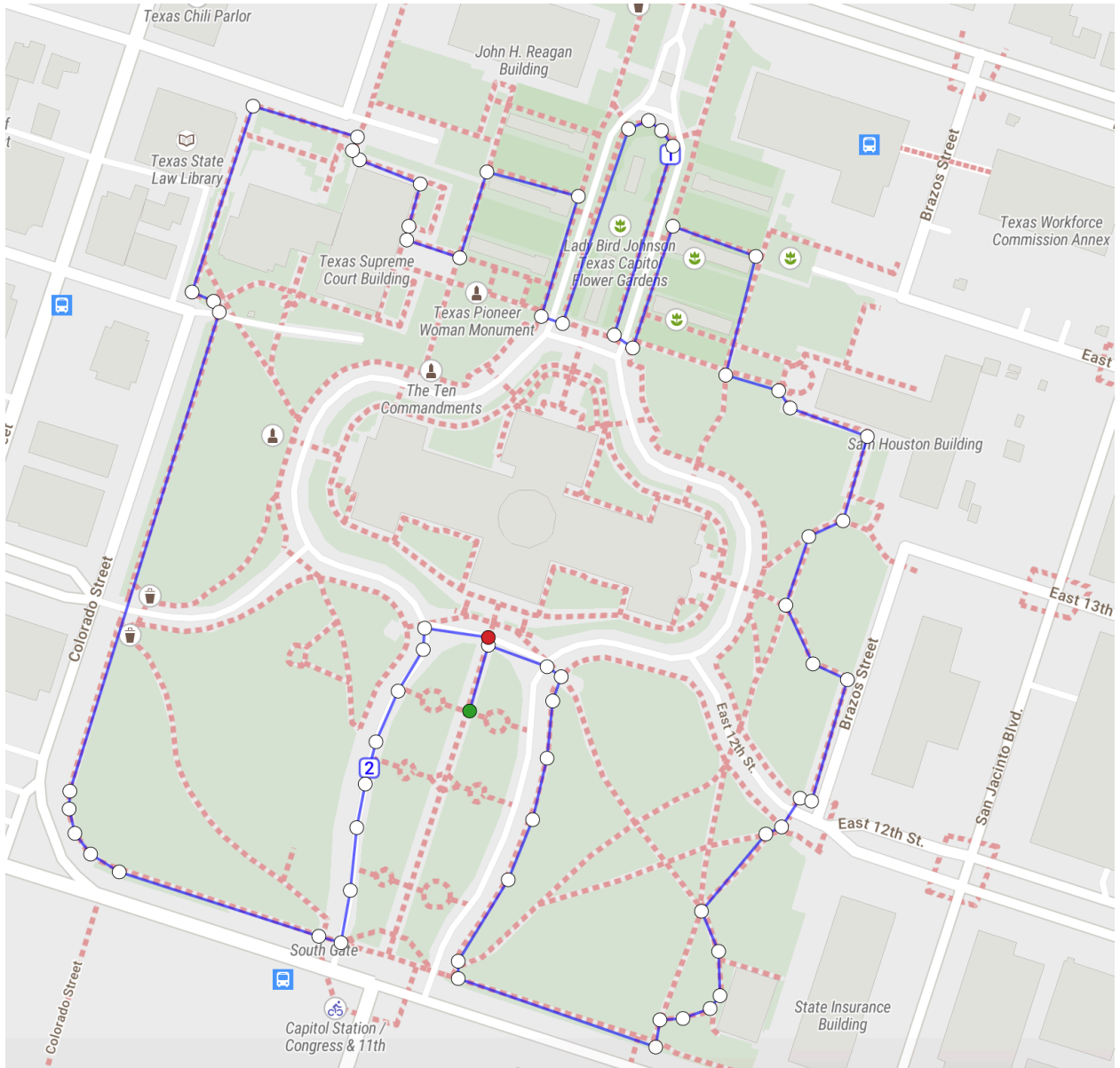


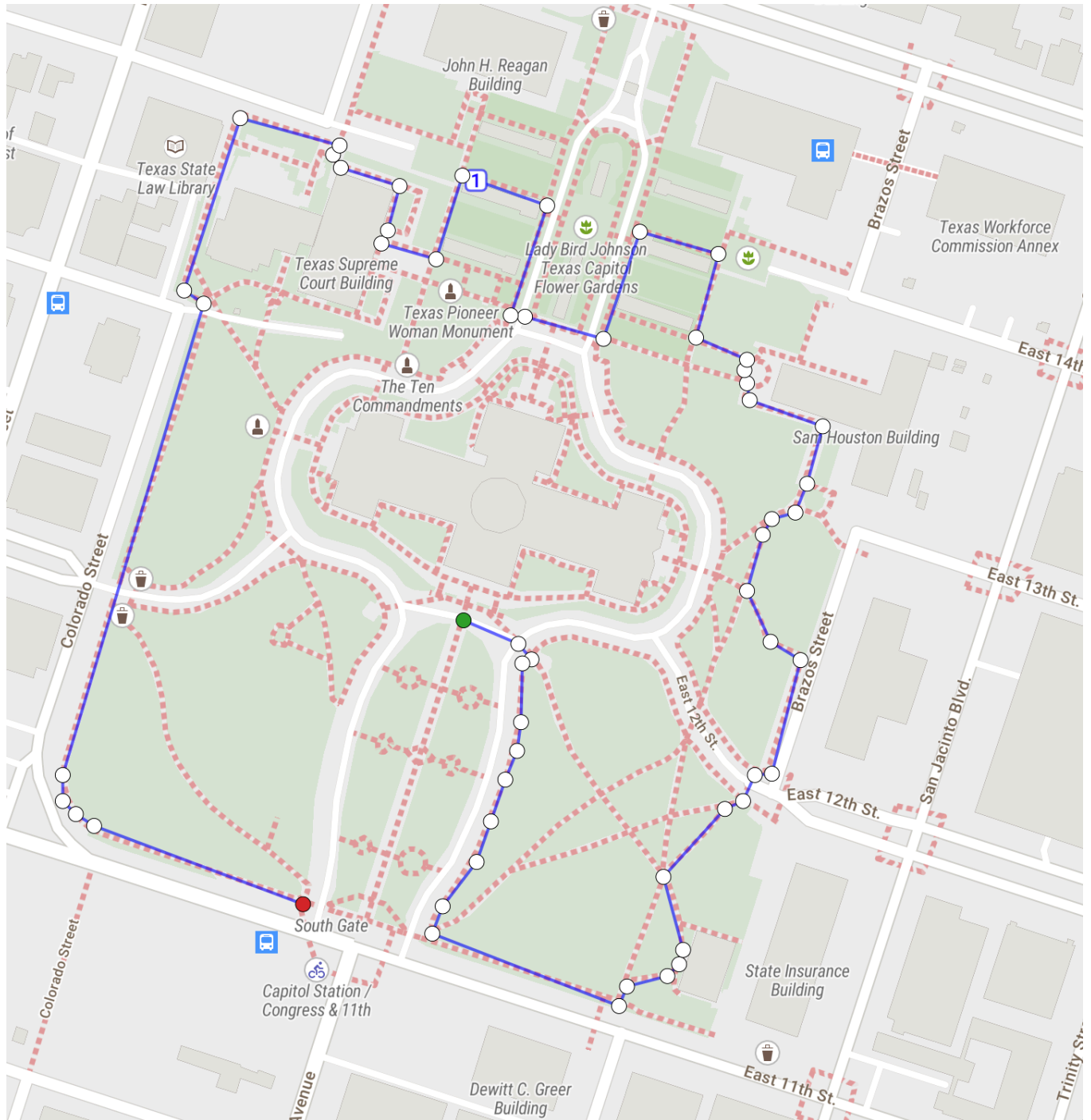
# CAPITOL GROUNDS



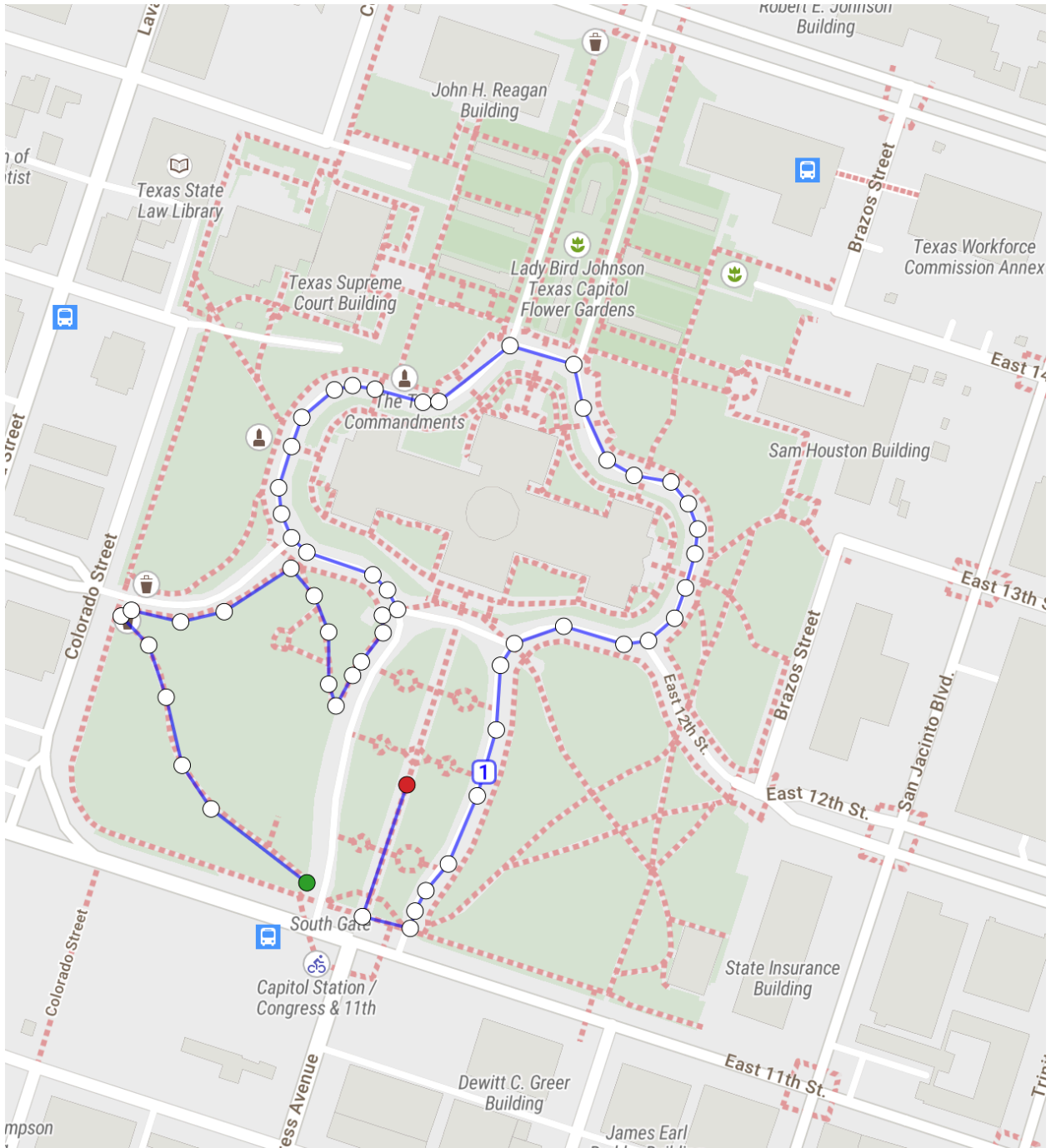
# LAP ONE



# LAP TWO



## LAP THREE



PLEASE NOTE: there are three laps, each shorter than the last. On the third lap there is a short set of stairs. Please be cautious of any obstacles, poles, etc. on the grounds. Please be aware that the outer loops take place on the sidewalk outside the border of the Capitol. Please use the sidewalk and do not venture into the street.